

# Psychosocial Rehabilitation Certificate

## HIGHLIGHTS

Psychosocial Rehabilitation (PSR) is an approach to service delivery that supports mental health recovery from illnesses such as schizophrenia, bipolar disorder and major depression.

The program attracts people from across Canada with experience in the field of mental health either as a person recovering their mental health and well being, a family member, volunteer and/or an employee of a mental health service.

Learners develop an understanding of the foundations of PSR, as well as the knowledge and skills related to integrating the approach within mental health practice and programs.

Our graduates describe how their involvement with the Program has supported their growth: nurtured their own recovery; strengthened their practice; created opportunities for employment and/or advancement with in the field.

## ADMISSION REQUIREMENTS

Experience in mental health and a current connection to a mental health service is integral to PSR program success. If you are interested in enrolling in the PSR Program, but do not have related knowledge and/or experience, Introduction to Mental Health (HLTH10016) is recommended.

To apply for entry into the program, please contact PSR Program Manager:  
[christine@christinegraceandcommunity.com](mailto:christine@christinegraceandcommunity.com) or  
416.628.4683

## Bursary

A PSR/RPS Ontario Bursary in the amount of \$100.00/course is available for Mohawk College students enrolled in a PSR Program course who are recovering their mental health and well being and are in need of financial assistance. For more information or to apply please contact PSR Program Bursary Coordinator Michelle Warren at [michelle@christinegraceandcommunity.com](mailto:michelle@christinegraceandcommunity.com)



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## PROGRAM OF STUDIES

Required Courses:		
Course #	Course Title	Hours
HSCIPSR01	PSR Foundations	45
HSCIPSR02	Mental Health Services, Programs and Organizations	45
HSCIPSR03	The Psychiatric Rehabilitation Process	45
HSCI10092	Mental Health Practitioner Roles and Competencies	45
HSCIPSR05	Current Trends in Mental Health	45
HSCIPSR06	Independent Study in Psychosocial Rehabilitation	60
Optional Course:		
Course #	Course Title	Hours
HLTH10016	Introduction to Mental Health	45

PSR Foundations is the prerequisite course for all others in the program. There are three points of entry: January, May and September. Independent Study in PSR is the final course in the program and is to be taken when all other courses have been successfully completed.

### Psychosocial Rehabilitation Foundations HSCIPSR01

Examine key concepts and principles of Psychosocial Rehabilitation (PSR) and explore how use of a PSR framework influences the roles of consumers and practitioners and their relationships. Several PSR approaches to working with individuals are described. Participation in weekly chat sessions is expected.

### Mental Health Services, Programs & Organizations HSCIPSR02

Focuses on applying the PSR framework within services, programs and organizations. The measurements of PSR outcomes will be described and a range of PSR applications will be illustrated. You will explore how Practitioners can support program change. Participation in weekly chat sessions is expected. Prerequisite: HSCIPSR01

### Psychiatric Rehabilitation Process HSCIPSR03

You will learn and practice components of the three phases of the psychiatric rehabilitation process, diagnosing, planning and implementation. Developing strategies for engaging individuals in, and supporting them through the process will be emphasized. Participation in weekly chat sessions is expected. Prerequisite: HSCIPSR01

### Mental Health Practitioner Roles and Competencies HSCI10092

Focus on key practitioner roles in mental health, including: community support, peer support, vocational rehabilitation and housing support. Examine how the Recovery and Psychosocial Rehabilitation approaches are integrated within mental health practitioner roles. Identify fundamental practitioner competencies. Participation in weekly chat sessions expected. Prerequisite: HSCIPSR01

### Current Trends in Mental Health HSCIPSR05

Study current developments and issues in the field of PSR. Investigate, consolidate and present one topic area. Participation in weekly mandatory chat sessions expected. Prerequisite: HSCIPSR01

### Independent Study in Psychosocial Rehabilitation HSCIPSR06

Consolidate your understanding of the PSR approach through designing a strategy to address an identified consumer need and/or gap in service. Consumer involvement is emphasized. Liaison with a site contact and the course instructor is expected. Three chats are scheduled. Prerequisite: HSCIPSR01, HSCIPSR02, HSCIPSR03, HSCI10092 and HSCIPSR05

### Introduction to Mental Health HLTH10016

Develop a basic understanding of psychiatric diagnosis and treatments for adults experiencing major mental illness. Consider related mental health issues and current legislation. Participation in weekly chat sessions expected.

[ce.mohawkcollege.ca](http://ce.mohawkcollege.ca)

## How to Register

**Online:** [ce.mohawkcollege.ca](http://ce.mohawkcollege.ca) (for all courses except HSCIPSR01 and HSCIPSR06)

**By Fax:** 905-575-2348 (all courses)

**In Person:** Visit the CE Registration office at Brantford, Fennell or STARRT Campuses

**By Mail:** CE Registration, Mohawk College  
P.O. Box 2034  
Hamilton ON L8N 3T2  
(all courses)

## Contact Us

**Phone:** 905-575-2703

**Email:** [disted@mohawkcollege.ca](mailto:disted@mohawkcollege.ca)

**URL:** [disted.mohawkcollege.ca/health/psychosocial.html](http://disted.mohawkcollege.ca/health/psychosocial.html)